



# Health and Wellness Benefit Option Election Form

Date: \_\_\_\_\_

Applicant/Member Name: \_\_\_\_\_  
*(Please Print First and Last Name)*

Applicant/Member Birth Date: \_\_\_\_\_  
*(Month/Day/Year)*

PHP (HMO SNP) members may select either a gym membership from **one** of the individual gyms/gym chains below, **OR** up to \$200 a benefit year for over-the-counter (OTC) pharmacy merchandise (non-prescription drug coverage) fulfilled by AHF Pharmacy for no cost. Please make your selection below. **Members may only choose one option.** See attachment for gym locations.

- 24 Hour Fitness**
- Crunch**
- KOZone**
- Pivotal Fitness**
- Youfit**
- Zoo Health Club of Fort Lauderdale**

**Over-the-counter (OTC) pharmacy merchandise**  
*Limited to \$200 per benefit year. Members who choose the OTC option will order from a list of items such as vitamins, fiber supplements, first aid supplies, sunscreen, tooth brushes and pastes, cold medication, antacids, etc. Members who chose the OTC option will receive merchandise order forms with instructions from the plan. Members may place orders for items any dollar increment through the year up to the annual limit of \$200. Order forms and instructions are available on the plan's website at [www.php-fl.org/for-members/otc](http://www.php-fl.org/for-members/otc).*

**Decline the Health and Wellness Benefit**  
*Declining the benefit will not affect your eligibility for or membership in PHP. If you decline the benefit, you may change your decision anytime. Please call Member Services if you want to activate the benefit at (888) 456-4715 (TTY 711), 8:00 a.m. to 8:00 p.m., seven days a week.*

*Please read below and initial by each statement to indicate you have read and understand the terms of the program.*

- \_\_\_\_\_ I understand that I may choose only one benefit option during the benefit year.
- \_\_\_\_\_ I understand that I may only change my Health and Wellness Benefit option selection once a benefit year from January 1 through January 15 or under certain special circumstances.
- \_\_\_\_\_ I understand that it may take 15 to 45 days for the processing of my Health and Wellness Benefit option selection.
- \_\_\_\_\_ I understand that PHP will contact me by mail with instructions or forms to activate the option I choose.
- \_\_\_\_\_ I understand that the Health and Wellness Benefit option that I select is only valid for and can only be used by me.
- \_\_\_\_\_ I understand that if I choose the gym membership option and I disenroll from the plan, my gym membership will terminate on the same day as my disenrollment effective date.

Applicant/Member Signature: \_\_\_\_\_

Address: \_\_\_\_\_  
*(Street Address, City, State, Zip)*

Home Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

PHP is an HMO plan with a Medicare contract. Enrollment in PHP depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits and copayments may change on January 1 of each year. PHP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-456-4715 (TTY: 711). ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-888-456-4715 (TTY: 711).

If choosing the gym membership option, please refer to the list of gym locations below to help you choose a gym or gym chain whose locations are most convenient for you. Remember, you may only choose one membership from one of these gyms/gym chains. You may only change your benefit option selection, i.e., change gym/gym chain memberships, change from the OTC merchandise option to a gym membership, or change from a gym membership to the OTC merchandise option, once a benefit year from January 1 through January 15. If you need more information about these gyms/gym chains or their locations below, please visit their websites or call.



www.24hourfitness.com  
(800) 432-6348

**Broward County**

Coral Springs – Sport  
9800 W. Atlantic Bl.  
Coral Springs, FL 33071

Sunrise – Super Sport  
9919 W. Oakland Park Bl.  
Sunrise, FL 33351

Plantation – Sport  
700 S. Pine Island Rd.  
Plantation, FL 33324

Pembroke Pines – Sport  
8333 Pines Bl.  
Pembroke Pines, FL 33024

Miramar – Sport  
11645 Red Rd., Space H-1  
Miramar, FL 33025

**Miami-Dade County**

Coconut Grove – Sport  
2982 Grand Ave.  
Miami, FL 33133

Town & Country – Sport  
8400 Mills Drive  
Miami, FL 33183

Miami Cutler Ridge – Sport  
20851 South Dixie Hwy.  
Miami, FL 33189



www.kozoneusa.com

**Miami-Dade County**

301 NW 54<sup>th</sup> St.  
Miami, FL 33127  
Tel: (305) 754-9663



www.crunch.com  
(888) 2-CRUNCH

**Miami-Dade County**

1676 Alton Rd.  
Miami Beach, FL 33139

1259 Washington Ave.  
Miami Beach, FL 33139

3505 West 20th Ave.  
Hialeah, FL 33012



www.pivotalfitness.com

**Broward County**

928 N. Federal Hwy.  
Fort Lauderdale, FL 33304  
Tel: (954) 617-6468



www.zoogymfortlauderdale.com

**Broward County**

1427 E. Commercial Blvd.  
Oakland Park, FL 33334  
Tel: (954) 306-6735



www.youfit.com

**Broward County**

8301 W. Atlantic Blvd.  
Coral Springs, FL 33071  
(954) 510-7676

9535 Westview Dr.  
Coral Springs, FL 33076  
Tel: (954) 905-1840

8934 W. State Rd. 84  
Davie, FL 33324  
(954) 368-1658

4032 W Hillsboro Blvd.  
Deerfield Beach, FL 33442  
Tel: (954) 312-1250

3120 Oakwood Blvd  
Hollywood, FL 33020  
Tel: (954) 862-6948

3708 W. Oakland Park Blvd.  
Lauderdale Lakes, FL 33311  
Tel: (954) 414-9719

3133 N. State Rd. 7  
Margate, FL 33063  
Tel: (954) 601-1999

959 E. Commercial Blvd.  
Oakland Park, FL 33309  
Tel: (954) 414-1870

9057 Taft St.  
Pembroke Pines, FL 33024  
Tel: (954) 374-0800

10840 Pines Blvd.  
Pembroke Pines, FL 33026  
Tel: (954) 874-2343

401 S. Federal Hwy.  
Pompano Beach, FL 33062  
Tel: (954) 580-1400

3555 N. Federal Hwy.  
Pompano Beach, FL 33064  
Tel: (954) 642-5600

2101 N. University Dr.  
Sunrise, FL 33322  
Tel: (954) 742-9100

15451 SW 13th Ln.  
Sunrise, FL 33326  
Tel: (954) 915-0080

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www.youfit.com

***Continued***

**Miami-Dade County**

3015 Grand Ave.  
Coconut Grove, FL 33133  
Tel: (786) 534-0273

5348 W 16th Ave  
Hialeah, FL 33012  
Tel: (305) 362-2155

553 NE 79th St.  
Miami, FL 33138  
Tel: (786) 292-0680

7070 SW 24th St.  
Miami, FL 33155  
Tel: (786) 542-2600

11237 SW 152nd St.  
Miami, FL 33157  
Tel: (786) 292-0681

1605 SW 107th Ave.  
Miami, FL 33165  
Tel: (786) 235-0629

3900 SW 112th Ave.  
Miami, FL 33165  
Tel: (786) 879-7434

11865 SW 26th St.  
Miami, FL 33175  
Tel: (305) 222-1992

20001 SW 127th Ave.  
Miami, FL 33177  
Tel: (786) 345-6280

13065 SW 112th St.  
Miami, FL 33186  
Tel: (786) 581-2800

15762 SW 72nd St.  
Miami, FL 33193  
Tel: (786) 257-2101

10201 Hammocks Blvd. #130  
Miami, FL 33196  
Tel: (305) 387-3770

19400 NW 27th Ave.  
Miami Gardens, FL 33056  
Tel: (786) 453-8884